

## C.G. Jung Society of Western Australia

Lecture: Friday, April 12, 2024

7:00pm - 8:30pm

## Wisdom of Psyche Allan Guggenbühl

Our Psyche knows more than we consciously realize! It might convey an answer to a personal problem or societal challenge, without us realizing it. The messages, which are conveyed to us through the body, emotions, dreams, and intuitions are often puzzling and sometimes provocative. As societal beings we tend to be blind to these messages because they contain symbols, images, and allusions to personal stories. The danger in a society, which bases it knowledge on facts and evidence-based conclusions, is that we lose the connection to the deeper levels of our Soul. In my lecture I will argue that our psyche perceives more, than we are aware of. Psyche has its own way of relating to us through the body, mistakes, imagination, confusions, and irritations. These serve as mental movers, which help to broaden our mind and find answers, which might not concur to the mainstream society and culture. The goal is to appreciate our inner source of knowledge!

Venue: Cottesloe Civic Centre Lesser Hall Corner of Napier Street and Broome Street, Cottesloe

Cost: \$10 (members), \$15 Concession \$20 (general)

Workshop: Saturday, April 13, 2024

10am – 4:00pm

**Mythodrama: The Power of Stories** 

This workshop will be an introduction to a therapeutic group method and conflict management approach, which is being successfully employed in group work or in conflict situations. Specially selected stories, which mirror the issues of the respective group, connect to the issues of the participants of the group, and serve as an entrance to the imaginal. After an introduction into the theory and method of Mythodrama, the participants will have to opportunity to experience a session, which includes story telling, imagination, drawing, and drama.

To register for the workshop contact the president at <a href="mailto:britt.garrett@westnet.com.au">britt.garrett@westnet.com.au</a> or ring the secretary Vivien Bainbridge at 0403 159 803

Venue: Cottesloe Civic Centre Lesser Hall Corner of Napier Street and Broome Street, Cottesloe

Cost: \$100 (members), \$115 Concession \$120 (general)



Allan Guggenbühl, Prof. Dr. Psychologist FSP Psychotherapist and Jungian Analyst. A well-known writer and psychotherapist in Switzerland (www.allanguggenbuehl.com). Lecturer at the C.G Jung Institute in Zürich, ISAP and other institutions. Prof. emeritus of the University of Education of the State of Zürich, former Director of the institute of Conflict Management and inventor of Mythodrama (www.ikm.ch). Prior to becoming a psychologist Guggenbühl was a classical guitarist, trained by Manuel Lopez Ramos in Mexico.

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